

USATF Minnesota Team and Cross Country Circuit Rules

I. Team Participation

1. Competition is held in eight divisions: men's open, women's open, men's 40 plus, women's 40 plus, men's 50 plus, women's 50 plus, men's 60 plus and women's 60 plus. In order to compete in a Circuit, teams must be currently registered with USATF Minnesota, and all scoring team members must be individual members of USATF Minnesota. To become an individual member of USATF go to www.usatf.org/membership/. To learn more about forming a club go to www.usatf.org/clubs/.
2. Scoring teams in the men's and women's open divisions consist of five team members for races under 15 kilometers, and three team members for races 15 kilometers and longer, while scoring teams in the men's and women's 40 plus, 50 plus and 60 plus divisions consist of three team members for all distances.
3. Team members scoring for open teams may be of any age. (In men's and women's long distance running, the Open classification shall be limited to athletes sixteen (16) years and older on the day of the competition.) All team members scoring for 40 plus teams must be at least 40 years of age on the day of the race. All team members scoring for 50 plus teams must be at least 50 years of age on the day of the race. All team members scoring for 60 plus teams must be at least 60 years of age on the day of the race. Team members may score for more than one division. Thus, for example, a 50 plus athlete may score for an open, a 40 plus and a 50 plus team.

II. Team Rosters

1. Each team must submit its intent to participate in the Team or Cross Country Circuit, along with a team contact with email address, to the USATF Minnesota Scorekeeper at office@usatfmn.org at least seven days prior to the first event in which the team will compete. Teams may submit more than one team contact.
2. Each team's roster will consist of all currently-registered USATF Minnesota members meeting the age requirements stated above. Each team member must also be a member of the team's club, according to the USATF national database, on the day of the event. Currently-registered USATF Minnesota members whose club affiliation is

"unattached" will be ineligible to score in an event for any team. Only the athlete can submit or change his or her club affiliation.

3. Team rosters may be requested by the team contact by emailing office@usatfmn.org. Requests to change club affiliations must be sent to the membership chair at office@usatfmn.org.

III. Scoring and Awards

1. For road races, team scores will be determined by adding the scoring team member's times. For track and cross country races, team scores will be determined by adding the scoring team members' places.
2. Circuit points will be awarded based on the number of complete teams competing at each race. For example, if nine complete teams participate in a race, the first place team will receive nine points, the second place team will receive eight points, and so on, with the ninth place team receiving one point. Every complete team will receive at least one point. The minimum winning point total for open teams will be five points, for 40 plus teams four points, for 50 plus teams three points and for 60 plus teams three points, regardless of the number of teams that officially score. Thus, for example, if four complete teams participate in an open division race, the first place team will receive five points, the second place team will receive four points, and so on, with the fourth place team receiving two points.
3. Complete teams competing in the USATF Minnesota Open & Masters Cross Country Championship, as the final USATF Minnesota Team Circuit event of 2020, will receive double points.
4. Year-end awards will be based on total points accumulated during the season.

IV. Results

1. Results will be posted on the USATF Minnesota website (www.minnesota.usatf.org) as soon as possible after the race, and a notification that the results have been posted will be sent by email to each team's designated contact person. Each team must provide a current email address to the scorekeeper (office@usatfmn.org) for purposes of this notification.
2. Teams will have until 5:00 PM on the third day after results have been posted to make any challenges or corrections to the results. Thus, for example, if results are posted on the Monday following the race, any challenges or corrections must be made by 5:00 PM the following

Thursday. Challenges and corrections must be sent to the scorekeeper at office@usatfmn.org.

3. Results will be posted as final upon the expiration of the challenge/correction period or following any resolution of any challenges/inclusion of any corrections, as the case may be.

V. Changes in Club Representation

1. An athlete wishing to transfer from one club to another must comply with USATF Regulation 7 in all respects.
2. Under USATF Regulation 7, an athlete wishing to transfer from one club to another "must serve ninety (90) days in 'unattached status' from the date of the last competition in which the athlete represented" his or her previous club, subject to certain limited exceptions.
3. USATF Minnesota has determined that an athlete "represents" his or her club in competition if the event is a USATF team championship or otherwise scores USATF teams, and
 1. The athlete writes his or her club name in the designated spot on the entry form, or
 2. The athlete wears a uniform identifying him or her with the club, or
 3. The athlete scores for the club.
 4. Under Regulation 7, USATF Minnesota may waive the ninety-day requirement "if it determines that the change in organization was caused by events outside the control of the athlete involved and is in the best interests of athletics and the athlete."
 5. Requests for a transfer, or waiver of the ninety-day rule, must be made by the runner involved, in writing (including email) and must be delivered to the USATF Minnesota scorekeeper at office@usatfmn.org at least one week prior to the first race in which the runner wishes to represent his or her new club.

VI. Contact Information

1. A team's declaration of intent to participate, transfer requests, and all other submissions should be sent to the USATF Minnesota scorekeeper at office@usatfmn.org.
2. Questions should be directed to Craig Yotter, USATF Minnesota Managing Director, at office@usatfmn.org or 651-330-8847.